## PROCLAMATION

**WHEREAS**, there is a proven connection between good mental health and overall personal health; and

WHEREAS, mental illnesses rank first among illnesses that have traditionally caused disabilities in this country and do not discriminate with regards to race, creed, age, or economic status; and

WHEREAS, mental illnesses affect almost every family in America; and

**WHEREAS,** people with mental illnesses recover if given the necessary services and supports in their communities; and

**WHEREAS,** we must strive to remove the stigma around mental illness and its treatment, overcome fear and misunderstanding, and make sure all those dealing with a mental health issue know they are not alone. Asking for help is not a sign of weakness, but rather a sign of strength, and

**WHEREAS**, the City of Oakland Park, along with the City of Wilton Manors, hosted the Suicide Prevention Virtual Town Hall Meeting March 18, 2021 in an effort to change stigmas that inhibits persons in their pursuit of recovery and, if appropriate, engage themselves or family members in a successful pursuit of mental wellness.

**NOW, THEREFORE**, the City Commission of the City of Oakland Park, Florida by virtue of the authority vested in it by the Charter does hereby authorize Mayor Jane Bolin to proclaim the month of May 2021 as

## MENTAL HEALTH AWARENESS MONTH

in the City of Oakland Park, and urges all city residents to educate themselves on mental illnesses, to participate in mental health screenings to aid in early detection.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Oakland Park, Florida, to be affixed this 5th day of May, 2021.

	By:	
	JANE BOLIN, MAYOR	
TTEST:		

RENEE M. SHROUT, CMC, CITY CLERK