

PROCLAMATION

WHEREAS, stroke is a leading cause of death and a primary cause of serious long-term disability in the United States, affecting hundreds of thousands of individuals each year; and

WHEREAS, a stroke occurs when blood flow to the brain is interrupted or reduced, depriving brain tissue of oxygen and nutrients, making prompt medical attention critical to survival and recovery; and

WHEREAS, recognizing the warning signs of stroke and acting quickly can save lives and significantly reduce the risk of long-term disability; and

WHEREAS, the acronym F.A.S.T. (Face drooping, Arm weakness, Speech difficulty, Time to call 9-1-1) is an effective tool to help individuals identify stroke symptoms and respond immediately; and

WHEREAS, many strokes are preventable through healthy lifestyle choices, including regular physical activity, a balanced diet, maintaining healthy blood pressure and cholesterol levels, and avoiding tobacco use; and

WHEREAS, raising awareness about stroke prevention, recognition, and treatment is essential to improving public health outcomes and reducing the burden of stroke on individuals, families, and communities; and

WHEREAS, healthcare professionals, community organizations, and advocates play a vital role in educating the public and supporting stroke survivors and their caregivers.

NOW, THEREFORE, the City Commission of the City of Oakland Park, Florida, by virtue of the authority vested in it by the Charter, does hereby authorize Mayor Steven R. Arnst to proclaim the month of May 2026 as

National Stroke Awareness Month

in the City of Oakland Park, encourage all residents to learn the warning signs of stroke, adopt healthier lifestyles, and support efforts to prevent and respond to stroke in our community.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Oakland Park, Florida, to be affixed this 6th day of May 2026.

By: _____
STEVEN R. ARNST, MAYOR

ATTEST: _____
RENEE M. SHROUT, CMC, CITY CLERK